

# **Camp Discovery**

## **(Pty) Ltd Game Reserve**

**Leadership, Sport and Adventure Academy**

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Company Reg. No. 2002/019899/07  
VAT Reg. No. 4660228208

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**Dear Principal and Rugby Organiser,**

<h2><b>RUGBY CLINIC FOR HIGH SCHOOLS AT CAMP DISCOVERY</b></h2>
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**It is with great excitement that we invite you to our Rugby Clinic.**

### **MORE ABOUT CAMP DISCOVERY**

Camp Discovery is a 270 hectare game reserve, situated 60km north of Pretoria in the Dinokeng Conservation Area. A variety of game, bird and tree species are found here in typical bushveld habitat. Regular game drives are part of the program. Sightings include species like eland, giraffe, sable antelope, roan antelope, oryx antelope, waterbuck, red hartebeest, kudu, impala, blue wildebeest, springbuck, reedbuck, bushbuck, zebra, nyala, duiker, steenbuck and warthog. We also breed with golden gnu and black impala.

Our facilities and facilitators are of excellent quality. Activities that add value to the program are amongst others cycling, archery, obstacle courses and our excellent menu!

### **MORE ABOUT THE ORGANISER**

- Burger Lindeque – Level III S A
- Level 1 & 2 IRB  
First teams coached: HTS Springs Valke winners 5x ; Hoërskool Hugenate Valke winners 4x ; Hoërskool Waterkloof Blue Bulls winners 2x ; Hoërskool Garsfontein Blue Bulls winners 1x
- Many provincial winners in various age groups
- Provincial coaching: Valke U/21; Craven Week team and development teams
- Tertiary Coaching: RAU U/20
- Various Springbok- and International players coached at school level eg. Japie Mulder, Lawrence Sephaka, Roland Reid, Wicus Venter and Rohan Janse van Rensburg

• [www.campdiscovery.co.za](http://www.campdiscovery.co.za) • [www.campdiscovery.co.za](http://www.campdiscovery.co.za) • [www.campdiscovery.co.za](http://www.campdiscovery.co.za) •

Directors: WL van Deventer (Chairman), VD Mazibuko, JA Haasbroek

## **MORE ABOUT THE ASSISTANT COACHES**

Head coach and organiser Burger Lindeque gathered a group of specialist coaches to help the players with position specific coaching to ensure that every team and player can achieve their optimal potential. The coaches of the rugby teams will then also have the opportunity to socialise with some of the great minds of South African rugby.

Assistant coaches that will be present during the clinic:

- Marinus van der Watt (International Rugby Institute-Director of coaching; Bulls Super Rugby consultant)
- Dp Basson (Sport Scientist) & Waldo van Heerden (Biokineticist)
- Lawrence Sephaka (South Africa Women's head coach; Former Springbok prop)
- Theo Pienaar (2007 Assistant defensive coach of the Blue Bulls; 2007-2014 assistant coach of Tukkies, TUT assistant coach & Limpopo Bulls assistant coach)
- Xander van Wyk (Blue Bulls o/19 Cravenweek; Blue Bulls o/21; Free state o/21; Free state Currie Cup Qualifying Squad)
- Jan Mollentze (Former high school Cravenweek coach)
- Ian Macdonald (Former Springbok flank; is regarded by experts as the best rucking coach in South Africa)

## **WHAT YOU CAN EXPECT FROM OUR RUGBY CLINICS**

The program includes professional coaching as well as teambuilding activities. Established coaches will handle some of the subjects. Matches will be played as well. All our coaching and teambuilding activities will make sure that your team/s bond before the league matches start. At Camp Discovery we strive to make a difference in the lives of young people and therefore we provide more than only coaching and matches.

## **DATES**

Clinic

u/14 – u/19

31 March – 3 April 2018

## **FEES**

- **R1 885-00** per player
- 1 coach free per team of 23 players
- Additional coaches: **R1 885-00**
- Grade A & B+ referee who will handle each match for free (Please provide the name and grading of the referee)  
(All activities are included in the fee)

## **THE FEE INCLUDES THE FOLLOWING FOR THE PLAYERS:**

- Comfortable and neat accommodation
- Balanced meals
- Well trained facilitators to look after the teams
- Matches or the popular match simulations (For the coach to decide)
- A game drive
- Team building activities such as letteria course, obstacle course, group dynamics, "bundu race", bicycles, air rifles, archery and swimming pool games
- Evening activities including dances, campfires, fashion shows, dvd nights and night marches
- First aid on site throughout the clinic
- Professional group-, team-, and individual coaching

- Motivational sessions
- Coaching sessions
- A grade referees

### **THE FEE INCLUDES THE FOLLOWING FOR THE COACHES:**

- Coaching the coaches sessions. e.g: "How do you choose a team?"
- Strapping course
- Physical preparation of the players, warming up and cooling down before and after matches
- Neat, fully equipped chalets (Bring own towel)
- A Game Drive
- All Rugby equipment will be supplied
- Relaxing at a bonfire in the evenings
- Documentation
- Video and team analysis

### **WHAT TO BRING ALONG**

#### **Players:**

- Own bedding
- Own cutlery and crockery
- Rugby practice- & match kits for 3 matches

#### **Coaches:**

- Towels
- 3 Rugby balls
- Schools/Teams must supply their own first aid kit and strapping material.

### **BOOKINGS**

- A deposit of R 1000,00 per team is required to ensure your place.
- Please send us your bookings form **as soon as possible !**

Please pay your deposit into the following account (Please use your school's name & "Rugby" as reference):

**Camp Discovery (Pty)Ltd**  
**FNB Hatfield**  
**Branch code : 25 21 45**  
**Account nr : 62101822668**

**Please send your entry form back to us ASAP to avoid disappointment!**

**For any enquiries on this Rugby Clinic, please contact Natasha at  
012 722 0072 during office hours or email her at  
[info@campdiscovery.co.za](mailto:info@campdiscovery.co.za)**

**You can also visit us at [www.campdiscovery.co.za](http://www.campdiscovery.co.za).**

**We are looking forward to welcome you at our beautiful venue and exiting rugby clinic!**

**Camp Discovery Greetings,**

**Marie van Deventer**  
**Marketing Manager**  
**Cell: 082 697 1415**  
**Email: [marketing@campdiscovery.co.za](mailto:marketing@campdiscovery.co.za)**



# Camp Discovery

## High School Rugby Booking Form 2018

Name of school: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Organiser: \_\_\_\_\_ Cell: \_\_\_\_\_

Coach: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Clinic      31 March – 3 April 2018     

Age Groups	Amount of players per team	Amount of coaches per team	Deposit R1000 per team	Total amount payable 21 days prior to the camp
u/14 A				
u/14 B				
u/15 A				
u/15 B				
u/16 A				
u/16 B				
3rd				
2nd				
1st				

- R1000 deposit paid
- Proof of payment attached
- I undertake to pay the outstanding amount 21 days before the start of the clinic

**Please fax the bookings form to 012 722 0073 / 086 516 7634 or email it to [info@campdiscovery.co.za](mailto:info@campdiscovery.co.za)**

Principal Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_